

Accident Insurance

Bridgemark Healthcare, LLC

Benefits that may help cover costs regardless of what may or may not be covered by your medical plan.

Accident Insurance Benefits

With MetLife Accident Insurance, you'll have a plan that provide payments regardless of any other insurance payments you may receive¹. Here are just some of the covered events/services².

This plan provides protection for covered events experienced while off the job only.

Benefit Type	Low Plan Benefits
Accidental Injury Benefits	
Fracture Benefit*	\$125 – \$6,000 depending on the fracture and type of repair
Dislocation Benefit*	\$200 – \$12,000 depending on the dislocation and type of repair
Second or Third Degree Burn Benefit	\$150 – \$17,500 depending on the degree of the burn and the percentage of burnt skin
Concussion Benefit	\$100
Coma Benefit	\$20,000
Laceration Benefit	\$100 – \$800 depending on the length of the cut and type of repair
Broken Tooth Benefit	Crown: \$400 Filling: \$75 Extraction: \$200
Eye Injury Benefit	\$500
Accident - Medical Services & Treatment Benefits	
Ambulance Benefit	Ground: \$500 Air: \$1,500
Emergency Care Benefit	\$125 – \$250 depending on location of care
Non-Emergency Initial Care Benefit	\$125
Physician Follow-Up Visit Benefit	\$125
Therapy Services Benefit (including physical therapy)	\$65
Medical Testing Benefit	\$250
Medical Appliance Benefit	\$200 – \$1,250 depending on the appliance
Transportation Benefit	\$600
Pain Management Benefit	\$125



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(for epidural anesthesia)	
Prosthetic Device Benefit	One device: \$1,250
	More than one device: \$2,500
Modification Benefit	\$2,000
Blood/Plasma/Platelets Benefit	\$600
Surgical Repair Benefit	\$250 – \$2,500 depending on the type of surgery
Exploratory Surgery Benefit	\$300
Other Outpatient Surgery Benefit	\$500
Hospital Benefits	
Admission Benefit	\$2,000 for the day of admission
ICU Supplemental Admission Benefit	\$2,000 for the day of admission
Confinement Benefit	\$400 per day
(paid for up to 365 days per accident)	
ICU Supplemental Confinement Benefit	\$400 per day
(paid for up to 30 days per accident)	
Inpatient Rehabilitation Benefit	\$300 per day
(paid for up to 15 days per accident)	
Accidental Death Benefit	
Accidental Death Benefit*	\$75,000
	\$225,000 for accidental death on common carrier
Accidental Dismemberment, Functional Loss & Paralysis Benefits	
Dismemberment/Functional Loss	\$1,250 – \$60,000 depending on the injury
Paralysis	\$50,000 – \$60,000 depending on the number of limbs
Other Benefits	
Health Screening Benefit* -	\$150
benefit provided for certain screening/prevention tests	Paid 1 time per calendar year
Lodging Benefit* - for a companion of a covered person who is hospitalized	\$300 per day
Waiver of Premium Benefit – if you become disabled, premiums will be waived if requirements for waiver are met	Not Included

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Organized Sports Activity Injury Benefit Rider

This coverage includes an Organized Sports Activity Benefit Rider. The rider increases the amount payable under the Certificate for certain benefits by 25% for injuries resulting from an accident that occurred while participating as a player in an organized sports activity. The rider sets forth terms, conditions and limitations, including the covered persons to whom the rider applies.

* Notes Regarding Certain Benefits

- Fracture and Dislocation benefits - Chip fractures are paid at 25% of the applicable fracture benefit and partial dislocations are paid at 25% of the applicable dislocation benefit.
- Accidental Death Benefit – The benefit amount will be reduced by the amount of any accidental dismemberment/functional loss/paralysis benefits and modification benefit paid for injuries sustained by the covered person in the same accident for which the accidental death benefit is being paid.
- Accidental Death Benefit – Common carrier refers to airplanes, trains, buses, trolleys, subways and boats.
- In certain states, the Health Screening Benefit is provided by MetLife Consumer Services as a separate service and is not part of the insurance coverage. This does not impact the Health Screening Benefit's availability, cost, or the way in which the service is accessed. The covered health screenings are: Routine health check-up exam (annual physical exam), biopsies for cancer, blood chemistry panel, blood test to determine total cholesterol, blood test to determine triglycerides, bone marrow testing, breast MRI, breast ultrasound, breast sonogram, cancer antigen 15-3 blood test for breast cancer (CA 15-3), cancer antigen 125 blood test for ovarian cancer (CA 125), carcinoembryonic antigen blood test for colon cancer (CEA), carotid doppler, complete blood count (CBC), chest x-rays, clinical testicular exam, colonoscopy, coronavirus testing, dental exam, digital rectal exam (DRE), Doppler screening for cancer, Doppler screening for peripheral vascular disease, Echocardiogram, electrocardiogram (EKG), electroencephalogram (EEG), endoscopy, eye exam, fasting blood glucose test, fasting plasma glucose test, flexible sigmoidoscopy, hearing test, hemoccult stool specimen, hemoglobin A1C, human papillomavirus (HPV) vaccination, immunization, lipid panel, mammogram, oral cancer screening, pap smears or thin prep pap test, prostate-specific antigen (PSA) test, serum cholesterol test to determine LDL and HDL levels, serum protein electrophoresis, skin cancer biopsy, skin cancer screening, skin exam, stress test on bicycle or treadmill, successful completion of smoking cessation program, tests for sexually transmitted infections (STIs), thermography, two hour post-load plasma glucose test, ultrasounds for cancer detection, ultrasound screening of the abdominal aorta for abdominal aortic aneurysms and virtual colonoscopy.
- Lodging Benefit - The lodging must be at least 50 miles from the insured's primary residence.

Benefit Payment Example

Covered Event ³	Benefit Amount
Ambulance (ground)	\$500
Emergency Care	\$250
Physician Follow-Up (\$125 x 2)	\$250
Medical Testing	\$250
Concussion	\$100
Broken Tooth (repaired by crown)	\$400
Benefits paid by MetLife Group Accident Insurance	\$1,750

Benefit amount is based on a sample MetLife plan design. Actual plan design and benefits may vary.

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Questions & Answers

Q. How do I enroll?

A. Enroll for coverage at mybenefits.metlife.com

Q. Who is eligible to enroll for this accident coverage?

A. You are eligible to enroll yourself and your eligible family members!⁴ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.

Q. How do I pay for my accident coverage?

A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.

Q. What happens if my employment status changes? Can I take my coverage with me?

A. Yes, you can take your coverage with you.⁵ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.

Q. Who do I call for assistance?

A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST. Or visit our website: mybenefits.metlife.com.

¹ Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.

² Covered services/treatments must be the result of an accident or sickness as defined in the certificate.

³ Benefits and amounts are based on sample MetLife plan design. Plan design and plan benefits may vary.

⁴ Eligible Family Members means all persons eligible for coverage as defined in the Certificate.

⁵ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.